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PUBLICATIONS AND MEDIA EXPERIENCE

“Time For A Diet? Think Again,” *Voice of the Hill*, Vol 6, No 12 (March) 2005.

“Got Whole Grains? Try a Rice Cooker,” *Voice of the Hill*, Vol 6, No 11 (February) 2005.

“Bel Canto on Capitol Hill: Youth Chorus Strengthens Music Foundation with New Director,” *Voice of the Hill*, Vol 6, No 10 (January) 2005.

In Memoriam: Dr. Clive Eric West 1939-2004. Developed for the International Vitamin A Consultative Group, ILSI Research Foundation, Washington, DC, October 2004.

“Pumpkins, Ghouls, Tricks, and Treats: It’s All Part of Our Halloween,” *Voice of the Hill*, Vol 6, No 7 (October) 2004.

“Where’s Dinner? Let’s Put It On the Schedule,” *Voice of the Hill*, Vol 6, No 5 (September) 2004.

“Six Stumpers? Food Facts to Foster Fun and Variety in Your Eating,” *Voice of the Hill*, Vol 6, No 5 (August) 2004.

“What Do You Know About Food and Nutrition: Take 10,” *Voice of the Hill*, Vol 6, No 4 (July) 2004.

“Summertime and the Salad Is Easy,” *Voice of the Hill*. Vol 6, No 3 (June) 2004.

“Glee, Gags, and Giggles: Laughing All the Way to a Better Life,” *Voice of the Hill*. Vol 6, No 1 (April) 2004.

2003 Annual Report International Life Sciences Institute: A Global Partnership for a Safer, Healthier World[®]. Washington, D.C.: 2004. (Laurie Lindsay compiled and prepared text for this annual report.)

“March is National Nutrition Month[®]: Eat Smart—Stay Healthy,” *Voice of the Hill*. Vol 5, No 12 (March) 2004.

“Got Spring Fever? Soothe It With Seeds,” *Voice of the Hill*. Vol 5, No 12 (March) 2004.

“Wise Women Take This Advice to Heart: Learning the Risks, Taking Precautions for Heart Health,” *Voice of the Hill*, Vol 5, No 11 (February) 2004.

“Dinner at the Door: Tools for Self-Improvement, Courtesy of Food & Friends,” *Voice of the Hill*, Vol 5, No 11 (February) 2004.

“Staying Out from Under the Weather This Winter: Ideas to Keep You Off the Sick List,” *Voice of the Hill*, Vol 5, No 10 (January) 2004.

“Got the Gift List Blues? 10 Healthy Solutions to Ease Holiday Shopping Stress,” *Voice of the Hill*, Vol 5, No 9 (December) 2003.

“Joyful Harmony: Youth Chorus Celebrates the Season,” *Voice of the Hill*, Vol 5, No 9 (December) 2003.

Capitol Hill Youth Chorus: A Multicultural Musical Experience. Washington, DC: November 2003. (Laurie Lindsay Aomari compiled and edited the text for this brochure.)

“Cash and Confusion: Korean American Merchants Address Misconceptions and Complaints,” *Voice of the Hill*, Vol 5, No 8 (November) 2003.

Making the Breast of It: A Cancer Survivor Talks About Reconstructing Her Life with Resilience, Resolve, and a Robust Sense of Humor. Alexandria, VA: Purple Pepper Press, 2004. (The book became available in October 2003.)

“Back for the Big Squeeze: An Inside View,” *Voice of the Hill*, Vol 5, No 7 (October) 2003.

“Mouse-Capades: A Safari Journal,” *Voice of the Hill*, Vol 5, No 7 (October) 2003.

“It’s Not Over ‘Til It’s Over: Veg Out with a Fall Harvest,” *Voice of the Hill*, Vol 5, No 6, (September) 2003.

“Position of the American Dietetic Association: Addressing World Hunger, Malnutrition, and Food Insecurity,” Struble, MB and Aomari, LL, *Journal of the American Dietetic Association*. 2003; 108: 1046-1057.

“Reap the Harvest: Capitol Hill Vegetable Gardens Come to Fruition,” *Voice of the Hill*, Vol 5, No 5 (August) 2003.

“Holding Your Ground: Water and Weeds in Your Garden,” *Voice of the Hill*, Vol 5, No 4 (July) 2003.

“What’s Bugging You: Managing Creepy, Crawly Friends and Foes in the Garden,” *Voice of the Hill*, Vol 5, No 3 (June) 2003.

Healthy Weights for Healthy Kids in Arlington, for Arlington County Virginia 4-H Program (six one-hour lessons), 2003. (Revised, adapted, and, in parts, expanded from lessons included in a much longer curriculum of Virginia Cooperative Extension.)

“Get Going on the Garden: Hill Resident and Horticulture Expert Shares Tips for Great Growing,” *Voice of the Hill*, Vol 5, No 2 (May) 2003.

“Guidelines for Childhood Obesity Prevention Programs: Promoting Healthy Weight in Children,” Weight Realities Division of the Society for Nutrition Education. *Journal of Nutrition Education and Behavior*, Vol 35, No.1 (January-February 2003), pages 1-4. (Laurie L. Aomari served as a reviewer for this document.)

“Meant to Be Together: Overseas Children Find New Homes on the Hill,” *Voice of the Hill*, Vol 5, No1 (April) 2003.

In Memoriam: Paul Arthur 1956-2002. Developed for the International Vitamin A Consultative Group, ILSI Research Foundation, Washington, DC, in 2003.

25 Years of Progress in Controlling Vitamin A Deficiency: Looking to the Future. Proceedings of the XX International Vitamin A Consultative Group Meeting. Eds. Sommer A, Davidson FD, Ramakrishnan U, Darnton-Hill I. *The Journal of Nutrition*, Vol 132, No 9S. (This document was published as a 148-page supplement to the September 2002 issue. Laurie Lindsay Aomari was responsible for soliciting and managing the submitted papers, a significant portion of the editing, and other preparation for submission to the journal.)

"Dr. Leann Birch Shares Insights That Can Lead to Healthy Eating in Children," *In-Touch*, Vol 19, No 1, 2002. (*In-Touch* is a newsletter of the Heinz Infant Nutrition Institute.)

Arlington Unit Virginia Cooperative Extension Annual Report Fiscal Year 2001. Arlington, VA: 2002. (Laurie Lindsay Aomari compiled and edited the text for this augmented annual report. She also managed its production.)

"The Doctor's Legacy," *Theta Alpha Journal*, October 2001, page 12.

"DGCP Can Help Build Your Success," *Clinical Connections*, Vol 21, No 2 (Summer 2001), page 1. (*Clinical Connections* is a newsletter of the American Dietetic Association's Dietitians in General Clinical Practice Dietetic Practice Group.)

"President's Message," in all six issues of *The DCMADA Potomac Post* between June 2000 and June 2001. (*Potomac Post* is the newsletter of the District of Columbia Metropolitan Area Dietetic Association.)

Iron Deficiency Anaemia and Multivitamin Supplement Training Program, for Society for Family Health in Zambia through Population Services International, April 2001. (Adapted and expanded a document on anemia that was used earlier in another country.)

In Memoriam: Dr. Abraham Horwitz 1911-2000. Developed for the International Vitamin A Consultative Group, ILSI Research Foundation, Washington, DC, in 2001.

In Memoriam: Dr. James Allen Olson 1924-2000. Developed for the International Vitamin A Consultative Group, ILSI Research Foundation, Washington, DC, in 2001.

"Our Humble Contribution," by Klesius, Giuliana, *Potomac Post*, November/December 2001. (Collaborative article with 30% of article provided by Laurie Lindsay Aomari)

"Does Cutting Coffee Really Brew Up a Headache?" *Food Insight*, May/June 2000, page 7. (*Food Insight* is a newsletter of the International Food Information Council.)

"Dedicated to Vitamin A Deficiency Research: An Interview with Keith P. West," *Sight and Life Newsletter*, Issue 3, 2000, page 13.

"Doing Battle with the 'Fat' Police," by Cohn, Sheila R. and Grover, Steven F., in *Restaurant Hospitality*, December 2000, page 62. (Laurie L. Aomari was consulted for this article and quoted within the text.)

"World Hunger and the Rural Facts of Life," *ADA Hunger Line*, 2000, page 5. (*ADA Hunger Line* was the newsletter for the American Dietetic Association's Hunger and Malnutrition Dietetic Practice Group. Both the name of the newsletter and the name of the practice group have changed in recent years.)

"Subsistence Groceries for Transient Thousands," *ADA Hunger Line*, 1999, page 5.

"AME Study Tour Offers Ideas and Inspiration," *ADA Hunger Line*, Winter 1999, page 6. (Three authors: Walker V, Goodwin L, Aomari L)

"Resolve to Get Involved: 15 Ways You Can Help Increase Food Security," *ADA Hunger Line*, Winter 1999, page 1. (Laurie Lindsay Aomari compiled the information for this article and the one below. There were two different articles.)

"15 Ways You Can Help Increase Food Security," *ADA Hunger Line*, Spring 1998.

"Food for All: Right or Goal," *ADA Hunger Line*, Summer 1998, page 5.

"Bread for the World Hosts Consultation on the New Politics of Hunger," *ADA Hunger Line*, Spring 1998, page 4.

"Vitamin A Status, Child Mortality and Guidance Concerning Maternal Night Blindness," *ADA Hunger Line*, Winter 1997-1998, page 5.

"A Dietitian's Cancer Story" book review by Bobroff L and Aomari LL for *SNEEZE*, a list serve with approximately 560 subscribers who were members of the Society for Nutrition Education. 1998.

Marketing brochures, meeting programs/participant lists/abstract booklets, and meeting reports for the following sequential meetings of the International Vitamin A Consultative Group (IVACG): 1987, 1989, 1991, 1993, 1994, 1996, 1997, and 1999. Instrumental in preparation of marketing brochure and various meeting documents for the IVACG meeting in 2001. While working on these meetings, attendance grew from approximately 150 in 1987 to nearly 600 by 1997. IVACG meetings were held in developing nations and generally had participants from 60-70 countries.

Managed the development of documents listed below (Managed from inception through publication for documents printed in 2000. Managed from inception through distribution for those documents published 1989-1999. Managed from draft through distribution for documents published prior to 1989.) for the International Vitamin A Consultative Group and the International Nutritional Anemia Consultative Group. Both were projects of the Human Nutrition Institute of the International Life Sciences Institute Research Foundation in Washington, DC. These projects received funding from the United States Agency for International Development.

IVACG Statement on Delivery of Vitamin A Supplements with DPT/Polio and Measles Immunization (2000)

Combining Vitamin A Distribution with EPI Contacts (2000)

IVACG Statement on Status of the Studies on Vitamin A and Human Immunodeficiency Virus Infection (2000)

The Bioavailability of Dietary Carotenoids: Current Concepts (1999)

Vitamin A Conversions to SI (1998)

IVACG Statement on Safe Doses of Vitamin A During Pregnancy and Lactation (1998)

IVACG Statement on Vitamin A and Iron Interactions (1998)

IVACG Policy Statement on Vitamin A Status and Childhood Mortality (1997)

IVACG Statement on Maternal Night Blindness: Extent and Associated Risk Factors (1997)

Summary Lecture: Vitamin A Deficiency and Xerophthalmia (slide and script set, 1997)

Vitamin A Supplements: A Guide to Their Use in the Treatment and Prevention of Vitamin A Deficiency and Xerophthalmia (1988, second edition 1997)

IVACG Statement on Clustering of Xerophthalmia and Vitamin A Deficiency Within Communities and Families (1996)

IVACG Policy Statement on Vitamin A, Diarrhea, and Measles (1996)

Strategic Placement of IVACG in the Evolving Micronutrient Field (1996)

A Brief Guide to Current Methods of Assessing Vitamin A Status (1993)

Nutrition Communications in Vitamin A Programs: A Resource Book (1992)

Guidelines for the Development of a Simplified Dietary Assessment to Identify Groups at Risk for Inadequate Intake of Vitamin A (1989)

Methodologies for Monitoring and Evaluating Vitamin A Deficiency Intervention Programs (1989)

Guidelines for the Control of Maternal Nutritional Anemia (1989) (Published in English, French, and Spanish)

Guidelines for the Use of Vitamin A in Emergency and Relief Operations (1988)

A Decade of Achievement: The International Vitamin A Consultative Group (IVACG) 1975-85 (1987)

The Safe Use of Vitamin A by Women During the Reproductive Years (1987) (French edition)

Biochemical Methodology for the Assessment of Carotenes (1987)

1984-1986 Print media publications include:

"Prairie State Games: Lindsay Gives Athletes Food for Thought," *Pioneer Press Wilmette Life*, May 15, 1986.

"Buddies for Body Building," *Your Health*, American Red Cross Mid-America Chapter.

"Lindsay Leads Supermarket Safari," *Daily Herald*, Arlington Heights, IL.

"Power Cookies, Snacks with a Punch," *Chicago Sun-Times*.

"Practical Training for Nutrition Educators," *Nutrition Education With Industry Newsletter* (This was a division of the Society for Nutrition Education.).

"Dial 800," *Nutrition Education With Industry Newsletter*.

"Big G Breakfast," *Nutrition Education With Industry Newsletter*.

"Quaker's Quick Response," *Nutrition Education With Industry Newsletter*.

1980-1981 Print media publications include:

"National Nutrition Time," *Bulletin* of the Illinois Dietetic Association.

Two national nutrition time articles for *Nutrition in Chicago*, the newsletter of the Chicago Dietetic Association.

"Spirulina Touted as Weight Loss Aid," *Highland Park News*.

"Food for Thought," consultant on sweeteners, *Vital* (magazine).

1983 - 1986 Radio experience includes:

“Credible Edibles,” syndicated *weekly* (for more than three years) radio program of food and nutrition news, WMWA, WMCW, WDCB, WRMN, WJKL, WYEN, WMTH, WKAN, WMRO, and other stations in northern Illinois.

“Ask Laurie,” *weekly* (for more than two years) feature on food and nutrition on “The Question Show,” WBEZ, Chicago. (WBEZ is the Chicago affiliate of National Public Radio.)

“Saturday Edition,” interview about D’Lites and fast food, WBEZ, Chicago.

“The Question Show,” interview about chocolate, WBEZ, Chicago.

“Sugar and Spice,” interviewed about calcium, WMBI, syndicated nationwide.

“Sugar and Spice,” interviewed about weight control, WMBI, syndicated nationwide.

“Saturday Edition,” interview about dietary fiber, WBEZ, Chicago.

“The Question Show,” interview about sports nutrition, WBEZ, Chicago.

“Current Comment,” interview about National Nutrition Time, WMTH, Park Ridge, Illinois.

Various nutrition topics for WEAW, Northbrook, Illinois.

“Community Insight,” Food for the Outer Limits, WYEN, Chicago.

“Community Insight,” Tipping the Scales, Childhood Obesity, WYEN, Chicago.

“Community Insight,” Eating for Two, WYEN, Chicago.

“Community Insight,” Building a Better Baby, WYEN, Chicago.

“Community Insight,” Supermarket Survival, WYEN, Chicago.

“Community Insight,” “Labeling and Food Additives, WYEN, Chicago.

1981-1982 Radio experience includes:

“Bob and Betty Sanders Show,” interview about unit pricing and food labeling, WBBM, Chicago.

“Another Step Forward,” interview about Chicago Dietetic Association activities, WMBI, Chicago.

“Newsfeed,” interview about supermarket savings, broadcast in four states via Northwestern University.

“Newsfeed,” interview about generic food brands, broadcast in four states via Northwestern University.

“Newsfeed,” interview about bran and diet, broadcast in four states via Northwestern University.

“Newsfeed,” interview about fitness, broadcast in four states via Northwestern University.

“Newsfeed,” interview about snacks, broadcast in four states via Northwestern University.

“Newsfeed,” interview about fast food, broadcast in four states via Northwestern University.

“American Eating Habits and Weight Reduction,” interview for documentary, University of Illinois.

“National Nutrition Time,” WKQX, Chicago.

“National Nutrition Time,” WMWA, Glenview, Illinois.

1983-1985 Television experience includes:

“The Lee Phillip Show,” interview about post holiday weight control, WBBM, Chicago.

“Top of the Morning,” interview about National Nutrition Time, WGN (broadcast beyond borders of the Continental United States).

“Area Sports in Review,” interview about fitness and nutrition, Capital Cities Cable.

“Update,” interview about fitness and nutrition, Capital Cities Cable.

“Through Small Eyes,” children’s nutrition lesson, Capital Cities Cable.

“The Scoop on Ice Cream,” associate producer and host, Cablevision of Chicago.

“Consumer Connection,” interview about National Nutrition Time, Cablevision of Chicago.

“The Farmers’ Market,” in *Nutrition Network* series, associate producer and host, Cablevision of Chicago.

“Behind the Scenes at School Lunch,” in *Nutrition Network* series, associate producer and host, Cablevision of Chicago.

“Supermarket Survival,” in *Nutrition Network* series, associate producer and host, Cablevision of Chicago.

“Food Power,” in *Nutrition Network* series, associate producer and host, Cablevision of Chicago.

“Profiles,” interview about nutritious gifts for the holidays, Lake’s Cablevision.